You probably already know that once lost, tooth enamel can’t be replaced. You may not know, however, that the mineral content of existing tooth enamel can be increased by using a remineralizing toothpaste. Remineralization helps strengthen the entire tooth. It also repairs weak spots, and makes teeth less sensitive to hot and cold. In order to get the best results, it’s important to choose the right product.**Tooth** enamel **can**'t be regenerated but the mineral content within **teeth can** be increased. **Remineralizing toothpaste** formulas, when combined with proper oral health and dietary choices, **can** help **teeth** become stronger, more comfortable, and less susceptible to cavities. Remineralizing toothpastes also help prevent additional tooth decay from occurring, especially when they’re combined with proactive oral care habits, such as brushing and flossing after meals.